

Calvary Chapel of El Cajon Women's Bible Studies

Hebrews 4:12-16

Lesson 6

As the first 11 verses of Hebrews 4 challenged us to *enter into God's rest*, the remaining five verses give us two resources of rest – *God's Word* and *God's throne*. May the awareness of these glorious provisions bring you to a deeper appreciation of the awesome access you have to God and His Word.

DAY ONE: Read Hebrews 4:12-16

1. Read through this week's verses using both your Observation Worksheet and another Bible translation or paraphrase. After reading through these verses, what would you say to someone if they asked you what they were about?
 - a. Hebrews 4:12-16 has been divided into two sections. List below the subject(s) covered in each section. Note that the first section actually begins with verse 11.

Verses 11-13

Verses 14-16

How would you title each section? Record your title on the **Chapter & Paragraph Division Titles Chart** provided with your Observation Worksheet.

After titling each section, record a title for Chapter 4.

2. At the right-hand side of the same chart are columns labeled **Key Word** and **Symbol**. They have been provided for you to record the key words and the symbol you have chosen to represent each one. Record the key words listed below and their symbols on the chart.

Used in prior homework lessons: *God*, *Jesus*, and the phrase *let us*

New to this lesson: *High Priest*

Now, using the symbols you have chosen, mark each of the key words each time they are used in Hebrews 4:12-16. Remember, as you mark the words *God* and *Jesus*, mark any personal pronouns that refer to Them.

3. Note the terms of conclusion in verses 14 (*seeing then*) and 16 (*therefore*). Mark each of them. Choose one and record the conclusion and what it was based upon.
4. Using the chart titled *Jesus*, list what Hebrews 4:12-16 reveals about Him.

DAY TWO: Read Hebrews 4:12

1. After the exhortation and warning of Hebrews 4:11, the writer of Hebrews provides us with one of the greatest descriptions of the *Word of God* found in the Bible. List what you learn about the *Word of God* from Hebrews 4:12.

2. Think of the *Word of God* in relationship to Hebrews 4:11. How does knowing the truths of Hebrews 4:12 enable to you *enter into the rest* of the previous verses?
 - a. In what ways does the *Word of God* expose our lack of faith that prevents us from entering His *rest*?

3. What does 2 Timothy 3:16 teach us about the *Word of God*?

Challenge: Define each of the terms used in the above verse to describe what the *Word of God* is *profitable* for.

4. Using your own words, describe the *Word of God*.

DAY THREE: Read Hebrews 4:13

1. What two truths are contained in Hebrews 4:13?

2. *Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account* (Hebrews 4:13 NIV). Many find this to be a fearful thought. Under what circumstances is this thought comforting, rather than fearful?

3. How should these truths affect the way you live?

4. Record Job's conclusion from Job 34:21.
 - a. Why do you think Job found comfort in this?

5. What advice did David give Solomon in 1 Chronicles 28:9?

6. *So then each of us shall give account of himself to God* (Romans 14:12). According to Romans 2:16, what criteria will God use to judge?
 - a. Read Isaiah 3:10,11 and record the contrast in judgment for the *righteous* and the *wicked*?
 - 1.) What is your response to this?

DAY FOUR: Read Hebrews 4:14

1. Hebrews 4:14 introduces Jesus as our *High Priest*. Read Leviticus 16:33-34 and describe the duties of the *high priest*. Note: *Atonement* = to cover, pacify, make reconciliation for
2. View the phrase, *who has passed through the heavens*, together with Hebrews 1:3b. What do you see?
 - a. In what way does it minister to you to know that your *High Priest passed through the heavens* and *sat down at the right hand of the Majesty on high*?

3. The title, *Son of God*, is a title only Jesus can claim. It is the title the Father has given Him. Using the following verses, list others who acknowledged (some by challenging) this truth.

Matthew 4:(5),6

Matthew 8:(28),29

Matthew 14:(22),33

Matthew 27:54

Challenge: What is so important about this title?

4. What is to be our response to the truth that *we have a great High Priest*? Hebrews 4:14
 - a. List some synonyms for the word *hold fast*.
 - b. List some antonyms for the word *hold fast*.
5. Refer back to Hebrews 3:1. What is Jesus called?
 - a. *Confession* refers to our *confession* of faith in Jesus. How would obedience to this command be a deterrent to unbelief and unrest?

DAY FIVE: Read Hebrews 4:15,16

1. Jesus' character as *High Priest* is described in Hebrews 4:15. What does this verse say about Him?
 - a. Contrast Jesus as *High Priest* with the Jewish *High Priests* of the Old Testament.
2. Jesus *sympathizes with our weaknesses*. Describe how you view His sympathy toward your weaknesses.
3. Using Psalm 103:13 and Isaiah 63:9, describe the *sympathy* of our *great High Priest*. (Other translations may be helpful 😊.)
4. According to Hebrews 4:16, what is the privilege of those who belong to the *great High Priest*?
 - a. Explain, in practical terms, what it means to *come boldly before the throne of grace*.
 - b. What will we *obtain* when we *come boldly before the throne of grace*?
 - 1.) What light does Isaiah 55:7 shed regarding God's willingness to show *mercy*?
 - 2.) Share just a few things you have found when you *came boldly before the throne of grace*.

DAY SIX: Review Hebrews 4:12-16

1. Share, as you would with a new believer, how the *Word of God is a discerner of the thoughts and intents of the heart.*
 - a. What has the Word of God revealed about your own thoughts and attitudes of the heart?

2. How does the fact that God sees and knows everything about you motivate you to live a holy life?

3. What is one of your favorite thoughts when you think about Jesus being **your** great High Priest?

4. Jesus has obtained for the believer the privilege of *coming boldly before the throne of grace.* Although we have this privilege, what are some ways that believers foolishly *come before God*?
 - a. Why do you think believers hesitate to come to God?
 - 1.) What would you tell a believer who struggled in this way?

5. How has the study of Hebrews 4:12-16 impacted your life?

*Let my supplication come before You;
Deliver me according to Your word.*

- Psalm 119:170